

SET THE INTENTION FOR SUCCESS

Name:
Business Name:
The Vision:
What is your role in your business? Coach, Mentor, Educator,, Facilitator
What is your title? Head Wellness Guru, Health Nut, Wellness Coach
What does your office look like? Be very specific . Colors, furniture, decor, accessories
Who are you serving? Envision your potential client, be specific: Clothes, shoes, salary, children, marriage status, age,
What does the vision of your business look like? Be crystal clear how you see your business
Where will you serve your clientele? Country, State, City
What is your why?

SET THE INTENTION FOR SUCCESS

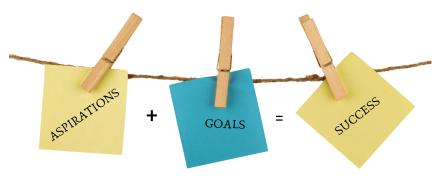
What are the emotions you are feeling when you combine all of the above? Be absolutely specific.



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What is blocking me from excelling at my business? Write down your blocks as you see them. Allow the mind the meditate - what comes to mind?
Are there any limiting beliefs you didn't realize are there? This exercise is harder to determine. This requires a trip into the past to find those who have held us back, discouraged our greatness or not provided a nurturing environment in order for us to grow. Name the limiting beliefs, label them and determine the best path to disassociate yourself from those beliefs.
What is blocking me from having the confidence to move my business forward? Be specific, listen to your intuition and ask yourself how you can maximize your potential and confidence.
NOW, Set the intention to release them one by one! What is your best way to release them? Do you need to find an Energy Worker who understands how to do this? Work with Energetic Living to help you release what is no longer serving you. SET THE PLAN!

It is important to see and recognize the small victories in life! The smallest of victories lay the biggest paths to our success!



One Month Goal Setting:

SHORT-TERM GOALS

One Month Business Goals:
1.
2
3
4
5.
6.
One Month Personal Goals:
One Month Personal Goals:
1
1. 2. 3.
1. 2. 3. 4.
1. 2. 3.



Three Month Goal Setting:

Three Month Business Goals:
1.
2
3
4
5
Three Month Personal Goals:
1.
2
3.
4
5.
6.
Rewards of Success:
1.
2.
3.
J.



Six Month Goal Setting:

Six Month Business Goals:
1. 2
3
4
5
6
Six Month Personal Goals:
1
2.
3
4. 5.
6.
Rewards of Success:
1.
2
3



SET THE INTENTION FOR SUCCESS

Twelve Month Goal Setting:

LONG-TERM

Twelve Month Business Goals:
1
2
3.
4
5
6
Twelve Month Personal Goals:
1
2
3
4
5.
6.
Dor rowle of Creaceas
Rewards of Success:
1
2
3



SET THE INTENTION FOR SUCCESS

Eighteen Month Goal Setting:

LONG-TERM

Eighteen Month Business Goals:
1
2.
3.
4.
5.
6.
Eighteen Month Personal Goals:
1.
2.
3
4
5.
6.
Rewards of Success:
1
2.
3.





Twenty-four Month Goal Setting:

LONG-TERM

Twenty-four Month Business Goals:
1
2
3
4
5
6
Twenty-four Month Personal Goals:
1
2.
3
4
5.
6.
Der sande of Crossesses
Rewards of Success:
1.
2
3