

SET THE INTENTION FOR SUCCESS

Name:

Business Name:

The Vision:

What is your role in your business? Coach, Mentor, Educator,, Facilitator

What is your title? Head Wellness Guru, Health Nut, Wellness Coach

What does your office look like? Be very specific . Colors, furniture, decor, accessories

Who are you serving? Envision your potential client, be specific: Clothes, shoes, salary, children, marriage status, age,

What does the vision of your business look like? Be crystal clear how you see your business

Where will you serve your clientele? Country, State, City

What is your why?

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What are the emotions you are feeling when you combine all of the above? Be absolutely specific.

The Roadblocks

Am I really okay with having this vision I see as my reality? If not, why? Be specific and write down exactly what comes to mind.

Do I need guidance to bring my vision to light? Do you need a coach, mentor, emotional clearing, meditation, or therapy?

Am I okay making money from others for the knowledge I possess and have worked hard to obtain? If not, why?

Do I feel like I deserve abundance? If not, examine why.

What can I do to make sure that I am okay to receive money and eliminate possible negative feelings regarding the abundance of money? Do you need to do some EFT, Emotion Code Therapy, Chakra Balancing or have a mentor - use your intuition to determine the best path for you to remove your roadblocks.

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What is blocking me from excelling at my business? Write down your blocks as you see them. Allow the mind to meditate - what comes to mind?

Are there any limiting beliefs you didn't realize are there? This exercise is harder to determine. This requires a trip into the past to find those who have held us back, discouraged our greatness or not provided a nurturing environment in order for us to grow. Name the limiting beliefs, label them and determine the best path to disassociate yourself from those beliefs.

What is blocking me from having the confidence to move my business forward? Be specific, listen to your intuition and ask yourself how you can maximize your potential and confidence.

NOW, Set the intention to release them one by one! What is your best way to release them? Do you need to find an Energy Worker who understands how to do this? Work with Energetic Living to help you release what is no longer serving you. SET THE PLAN!

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It is important to see and recognize the small victories in life! The smallest of victories lay the biggest paths to our success!



One Month Goal Setting:

SHORT-TERM GOALS

One Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

One Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

SET THE INTENTION FOR SUCCESS

Three Month Goal Setting:

Three Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Three Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Rewards of Success:

1. _____
2. _____
3. _____

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Six Month Goal Setting:

Six Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Six Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Rewards of Success:

1. _____
2. _____
3. _____

SET THE INTENTION FOR SUCCESS

Twelve Month Goal Setting:

LONG-TERM

Twelve Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Twelve Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Rewards of Success:

1. _____
2. _____
3. _____

SET THE INTENTION FOR SUCCESS

Eighteen Month Goal Setting:

LONG-TERM

Eighteen Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Eighteen Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Rewards of Success:

1. _____
2. _____
3. _____

SET THE INTENTION FOR SUCCESS

Twenty-four Month Goal Setting:

LONG-TERM

Twenty-four Month Business Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Twenty-four Month Personal Goals:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Rewards of Success:

1. _____
2. _____
3. _____